



Yorkshire Battle Run - Event Terms & Conditions

Please note that while the Royal Yorkshire Regiment proudly supports the Yorkshire Battle Run, the event is solely organised and managed by Adrenalin Shock Ltd. The British Army and the Royal Yorkshire Regiment accept no responsibility or liability for the event's safety, conduct, or organisation. All risks and liabilities associated with participation remain with the event organisers, Adrenalin Shock Ltd, and the individual participants.

Participants

1. Participants in the races must have reached the following ages:
 - 10k – 16 years of age or older on the day of the event
 - 5k – 16 years of age or older on the day of the event
2. Each participant must sign the disclaimer before participating in the event.(Parents or legal guardians should sign for junior entrants).
3. By participating in the Adrenalin Shock 5km & 10k events, you acknowledge and agree that personal information (including medical information entered against your race number or collected by event medical staff during or after the event) can be stored and used by Adrenalin in connection with the organisation, promotion and administration of the event and for the compilation of statistical information.
4. By participating, all runners confirm that their names and television and/or video footage or photographs taken during their participation may be used to publicise the Adrenalin Shock OCR events or Adrenalin Shock Ltd events.
5. Participant's race numbers are specific personal identifiers and may not be exchanged with or transferred/sold to any other person. Sale and/or transfer of race numbers is strictly prohibited and will result in the disqualification and/or banning of any individuals involved from this and future events, which will be reported to UK Athletics.
6. All entry fees are non-refundable and may not be deferred toward a future event.
7. Registrations close when the course cap for each event is reached, or if this is not reached, at noon on the day before.
8. Participants must not be under the influence of drugs or alcohol.

Event day (All events).

1. Participants must follow instructions from all event officials, including race staff and officials, volunteers, medical personnel, security officers and council officials before, during and after the event.
2. All participants are expected to conduct themselves professionally and courteously during the event. This means, for example, that urinating or defecating anywhere on or near the course shall be strictly prohibited except in toilet facilities. Anyone violating this rule of conduct shall be disqualified from the event and asked to leave the course.
3. Every participant shall be given a race number, which MUST be worn on the FRONT of their shirt/vest and always visible during the event. The race number is to be worn as issued and not cut or folded in any way. No participant shall be permitted to participate in events without the appropriate number. It is expressly forbidden to swap race numbers with anyone else, as this could potentially put someone's life at risk. Anyone found swapping race numbers will be disqualified from this and possible future events and reported to UK Athletics.
4. All participants must write their name and details of any health problems or medication on the reverse of the race number, along with details of next of kin or someone who can be contacted in an emergency. Numbers must be worn on the front of shirts/vests during the race.
5. Participants should also inform the race organisers of medical conditions before the event.
6. Baby joggers, baby strollers, skateboards, Nordic sticks, rollerblades, unauthorised bicycles or any other wheeled device will not be permitted on the course, except for hand-propelled wheelchairs.
7. Participants must begin the events during the official recognised starting times.
8. Participants enter at their own risk. Adrenalin Shock Ltd takes no responsibility for illness, injury, loss or damage suffered by entrants.
9. Participants must be physically fit and able to complete the 10k course within 2 hours of crossing the start line. Roads closed for the main 10k race will reopen at a point after the race starts, which is determined on health and safety and operational grounds.
10. A sweep vehicle will follow the 10k back markers. Anyone deemed unable to complete the course in a reasonable time will be approached by a race steward/official/marshal and told that they must move directly to the finish point. If you are so far behind, we strongly advise you against continuing, and you should ask the steward to radio through for a pickup vehicle to come and take you back to the finish line. If you continue, we cannot guarantee that marshals and drinks stations will remain in place. Before starting the race, please carefully consider your ability to complete the course in a reasonable time.
11. Participants should not bring excessive valuables or cash to be left in their kit bag as Adrenalin Shock Ltd cannot be responsible for lost or stolen items.
12. No dogs are allowed to accompany runners in any event.

The 10k Start

1. Participants will be assigned start times based on the runners' distance chosen for the race.
2. Participants shall assemble no less than 10 minutes before the race starts. Any athlete attempting to enter the race after all other participants have crossed the start line will be disqualified.
3. All participants shall start on the start line unless otherwise directed by an event official. Any person who climbs the fence/barrier or otherwise enters improperly shall be disqualified from the event.
4. All participants must be positioned behind the starting line when starting and must run down the tunnel on the finish line, giving in their race number; failure to do so will result in a finishing position not being available for them.

Course monitoring (All events)

1. Any participant who refuses to obey the directions of any event official or course marshal, or who conducts himself/herself in an unsportsmanlike manner, or who uses offensive actions or language to officials, volunteers, participants or spectators may be disqualified from the event and future participation at the discretion of race officials and will be reported to UK Athletics.
2. Any participant who has been found by a course marshal, event official or surveillance equipment to have gained an unfair advantage by intentionally shortening the race route ("cutting the course") shall be immediately disqualified from the event and will be reported to UK Athletics.
3. Any person who participates in the event without a current official race number assigned to him/her is subject to removal and disqualification from this and future events.
4. No persons are authorised to be on the course unless they are registered participants. Therefore, no person shall be allowed to accompany a participant if he/she is not registered in the event, nor shall any participant be allowed, without the permission of the event management, to receive assistance from anyone during the event's progress. Any person not correctly displaying an authorised and issued race number shall be directed to leave the course.
5. A hands-on medical examination during the progress of an event by officially designated medical personnel shall not be considered assistance. It will not result in disqualification if the participant is deemed medically fit. Suppose a participant becomes ill during or after the event and/or receives medical attention or treatment from the event medical staff or any doctor or hospital. In that case, they authorise such persons to provide details (including details of medical treatment) to the Medical Coordinator of the Adrenalin Shock race or others authorised by them.

Participant safety (All events)

1. The use of wheeled devices by participants or anyone authorised to be on the

2. course shall be strictly limited to authorised course marshals or First Aiders on quad bikes. Baby joggers, strollers, skateboards, rollerblades, unauthorised bicycles or any other wheeled device will not be permitted.
3. We strongly advise against using iPods, mp3 players or any digital players during the race, as these can prevent you from hearing any emergency announcements over the PA system or sirens of emergency vehicles should they be approaching from behind en route to an emergency.
4. Participants are responsible for recognising and understanding event signage, symbols and colours relating to participant maps, facilities and directions.
5. Medical personnel authorised by the event may examine any participant who appears to be in distress. If, in the sole opinion of authorised medical personnel, it is in the best interest of the participant's health and welfare, medical personnel may remove the participant from the event.
6. Participants must immediately retire from the race if ordered by a member of the event's official staff, official medical staff, or any person in authority, including emergency service personnel.
7. Participants are responsible and assume liability for any medical expenses incurred due to training for and/or participation in the event, including but not limited to ambulance transport, hospital stays, physician and pharmaceutical goods and services.
8. In the interest of safety, the Race Director and event officials, in consultation with the Emergency Services, reserve the right to delay, cancel, or suspend the race due to extreme inclement weather or a major incident on or near the event route. In these circumstances, no refunds will be issued.
9. In the event of any significant occurrences along the route, the Race Director and the Emergency Services reserve the right to alter/shorten the route but still provide a race if possible. In these circumstances, no refunds will be issued.
10. The Race Director and the Emergency Services reserve the right to stop the race whenever necessary. These would be in circumstances beyond our control, and no refunds would be given.

Race Declaration

1. **This is an arduous event**, requiring competitors to run on unstable ground through mud and water. In addition, competitors will be required to climb walls and monkey bars, crawl through tunnels, Swing across obstacles and jump from a height of around 4-8 feet whilst minimising risk and ensuring safety is considered for competitors.
2. **Marshals and spectators** cannot be held responsible for injuries/illnesses obtained before, during or after the event.
3. **I accept that** Adrenalin Shock Ltd is not liable for loss or damage to personal property unless caused by the negligence or default of Adrenalin, its suppliers, its agents and employees whilst attending activities.
4. **Participation in adventurous activities entails some risk of injury.**

5. Adrenalin Shock Ltd staff is trained and appropriately qualified to run hazardous activity and will at all times proceed in a manner that limits the risk of injury. However, participants accept that accidents and injuries may occur.
6. **I will abide** by the safety brief and take responsibility for my actions.